

## SYLLABUS FOR THE **FIRST STEP** LEVEL OF PALSO

The Syllabus for the **First Step** level of PALSO Examinations is a general Guide which aims to inform School Owners and Teachers about the various language areas normally taught in the first two years of tuition. It also purports to help Teachers prepare their students and candidates in the various skills, themes, functions, vocabulary and language structures examined in this particular test. The lexical items listed in the present syllabus concern active vocabulary, which Ss should be able to understand and use after the second year of studies. It is assumed that they can recognise a greater number of words and expressions.

Finally, the present Syllabus is only a first attempt and, therefore, by no means conclusive. It will in time be updated so as, together with the existing PALSO GUIDE, to constitute a useful tool for all people involved in the teaching of English.

### THEMES

School, Family, House, Clothes, The Body, Domestic Animals, Wild Animals, The Neighbourhood, Hobbies and Pastimes, Where I live, Seasons and the Weather, Likes and Dislikes, Food and Drink, Summer Holidays/Activities, Celebrations, Feelings, Past Experiences, Transport

### FUNCTIONS

Greeting (informally), Introducing themselves and other people, Following and Giving simple instructions, Describing themselves and other people, Talking about Family/Home/Room/Personal possessions, Describing places (neighbourhood, town, area, etc), Talking about their likes and dislikes, Asking other people about their likes/dislikes, Talking about their daily routine/habits, Talking about Friends and Family, Describing people's appearance/qualities, Asking and Telling the time, Comparing objects, people and animals, Talking about locations, Talking about present abilities, Talking about Money and Prices, Describing their mood, Describing things happening at present time, Narrating simple past experiences, Talking about simple future plans

### GRAMMAR

#### **NOUNS**

Proper (Greece, Monday, Peter, etc) Common (dog, cat, car. etc) Abstract (love, idea, information, etc). Plural of nouns, mostly regular nouns, but also child/children, man/men, woman/women, tooth/teeth, foot/feet. mouse/mice, Plural with –es, Countable/uncountable nouns

#### **ARTICLES**

Definite, indefinite articles: the, a/an, zero article

## **PRONOUNS**

Subject Personal Pronouns (I, you, he, she, it, etc), Object Personal Pronouns (me, you, him, her, it, etc). Possessive Adjectives (My, your, his, her, its, etc)

## **ADJECTIVES/ADVERBS**

Comparative, Superlative, Adverbs of Frequency

**PREPOSITIONS:** Prepositions of place (in, on, under, on the left/right, behind, opposite, across, in the middle, etc), Prepositions of time (at, in, on, after, before, at the beginning, at the end, etc)

## **VERBS**

The verb 'to be', verbs (affirmative, interrogative, negative) 'have got' (affirmative, interrogative, negative), there is/are (affirmative, interrogative, negative), Present Simple (affirmative, interrogative, negative), Present Continuous (affirmative, interrogative, negative), Like/Hate + ing, Can / Can't (for ability), Past Simple (recognition), Going to for Future,

## **QUESTION WORDS**

Who, when, where, what, why, how, how often,

**Some**, any, no, a lot of, How many/much?

## **ACTIVE VOCABULARY**

### **Actions**

answer, arrive, ask, believe, break, brush, buy, can, carry, catch, clean, climb, close, come, cook, count, cry, cut, dance, decide, dig, dive, do, draw, drink, drive, eat, feed, feel, find, finish, fly, forget, get, give, go, hate, have, hear, help, hit, hop, jump, kick, know, laugh, leave, like, live, look, love, listen, make, match, meet, mix, move, need, open, paint, pay, play, put, rain, read, remember, repeat, ride, run, sail, say, see, sell, send, shout, sing, sleep, snow, speak, start, stay, study, swim, take, talk, teach, tell, tidy, touch, travel, understand, use, wait, walk, want, watch, wash, water, wear, work, write

### **Phrasal verbs**

come from, come in, get out, get up, give away, go into, look for, pick up, put on, shut up, sit down, stand up, take off, throw away, turn on, turn off, wake up

### **School**

classroom, class, teacher, bag, rubber, pencil, pencil case, pencil sharpener, crayon, felt tip, glue, book, dictation, copy, pupil, student, student's book, ruler, activity book, desk, school yard, black/white board, poem, story, History, Geography, Maths, PE, subject, desk, language, homework, mistake, lesson, dictation, copy, notebook

## **The Body**

arms, blood, beard, brain, ears, eyes, feet, fingers, hair, hands, head, heart, knees, lips, mind, mouth, nose, toes, shoulders, legs, moustache, face, thumb, tooth, voice,

## **Feelings**

happy, unhappy, sad, tired, angry, scared, frightened, surprised, funny, thirsty, hungry

## **Days / Months / Seasons**

Monday, Tuesday, Wednesday, Thursday, Friday, Saturday, Sunday, January, February, March, April, May, June, July, August, September, October, November, December, Winter, Spring, Summer, Autumn, weekend, week, month, year

## **Domestic animals/insects**

ant, bird, bee, canary, cat, chicken, cow, cockroach, dog, donkey, duck, fly, goat, gold fish, hen, horse, mosquito, mouse, parrot, pet, pig, rabbit, rat, sheep, spider

## **Wild animals**

bear, camel, crocodile, dinosaur, dolphin, eagle, elephant, flamingo, fox, frog, giraffe, gorilla, hippo, lion, tiger, monkey, panda, tortoise, shark, snake, vulture, whale, wolf

## **Occupations**

teacher, policeman/woman, doctor, nurse, fireman, postman, waiter, football player, pirate, captain, pilot, bus/lorry/taxi driver, shop assistant, shop keeper, car mechanic, priest, film star, actor, actress, singer, farmer, dentist, milkman, sailor, job

## **Geography/environment**

island, sea, ocean, sky, cave, desert, jungle, river, lake, pond, mountain, hill, forest, beach, plants, trees, flowers, country, city, town, capital, north, east, west, south, south east, south west, north east, north west, village,

## **Local places**

aquarium, bank, building, bus station, car park, castle, chemist's, church, cinema, corner shop, gallery, garage, greengrocer's, house, hospital, hotel, library, museum, park, pet shop, police station, post office, restaurant, road, square, street, supermarket, theatre, statue, traffic lights, train station, zebra crossing, zoo

## **House**

bedroom, bathroom, balcony, living room, dining room, kitchen, hall, garden, bed, table, chair, armchair, sofa, bookcase, desk, dish, glass, cup, cupboard, wardrobe, cooker, fridge, washing machine, dish washer, lamp, basin, mirror,

bath, shower, TV, radio, telephone, computer, CD player, DVD player, clock, watch, door, window, furniture, fridge, toilet, spoon, fork, knife

### **Family**

aunt, baby, brother, child, cousin, dad, daughter, father, friend, husband, grandad, granddaughter grandfather, grandmother, grandson, granny, mother, mum, parents, people, sister, son, uncle, wife

### **Food and drink**

apple, banana, a bar of chocolate, biscuit, bread, breakfast, butter, cake, carrots, cheese, cheesecake, cherries, coffee, chips, crisps, dinner, egg, fish, fruit, fruitcake, food, garlic, grapes, hamburger, honey, ice cream, jam, lemon, lemonade, lunch, meal, meat, milk, orange, orange juice, oil, pear, pepper, pizza, potato, salad, salt, sandwich, sausage, spaghetti, strawberries, sugar, sweets, tea, tomato, vegetables, watermelon, water, wine

### **Clothes, footwear and accessories**

jacket, trousers, socks, jumper, sweater, costume, hat, scarf, belt, gloves, coat, T-shirt, shirt, jacket, skirt, dress, blouse, trainers, shoes, boots, sandals, wellies, umbrella, jeans, watch, belt, glasses tracksuit, pyjamas, ring, necklace, pocket, shorts

### **Colours**

grey, red, pink, white, orange, blue, yellow, purple, brown, green, black,

### **Sports, Pastimes and Playthings**

football, ball, baseball, basketball, bike, board games, chess, computer games, cycling, drawing, doll, fishing, hiking, hockey, kite, model, reading, roller-skating, puzzle, riding, sandcastle, sports, skateboarding, skiing, tennis, teddy bear,

### **Music and musical instruments**

piano, guitar, drums, violin, trumpet, song, chant,

### **Transport**

bike, car, taxi, lorry, truck, train, plane, ship, boat, helicopter, bus, spaceship, motorbike, journey

### **Countries, cities and languages**

Greece, The UK, Portugal, France, Germany, Ireland, Italy, Spain, Sweden, the USA, Belgium, Holland, Denmark, Austria, Russia, Turkey, Japan, China, Brazil, Argentina, Luxemburg, Athens, Dublin, London, Paris, Madrid, Moscow, New York, Rome, English, Greek, Italian, German, French, Spanish, Dutch, Danish, Portuguese, Japanese, Chinese

### **The weather**

sunny, sunshine, sun, wind, windy, rain, rainy, snow, snowy, storm, cold, hot, warm, fog, foggy, cloud, cloudy, air

### **Holidays**

Christmas, Christmas Eve, Santa Claus, Father Christmas, New Year, Easter, present, gift, reindeer, sleigh,

### **Greeting and Wishing**

Hallo, Hi, Bye, Goodbye, Good morning, Good night, Good afternoon, Good Evening, Have a Good Year, Merry Christmas, Happy Birthday, Have a nice weekend, Have a good time, Welcome

### **Qualities**

bad, bald, beautiful, best, big, blond, boring, brave, calm, careful, cheap, clever, curly, dangerous, dark, deep, delicious, dirty, excellent, expensive, fair, famous, fast, fat, fresh, friendly, good, greedy, heavy, horrible, interesting, large, little, long, lovely, noisy, modern, new, nice, odd, old, poor, rich, strong, quick, quiet, ready, small, short, silly, slow, straight, strange, stupid, sweet, tall, terrible, thin, ugly, unfriendly, wonderful, worst

### **Numbers and Ordinals**

one, two, three, four, five, six, seven, eight, nine, ten, eleven, twelve, thirteen, fourteen, fifteen, sixteen, seventeen, eighteen, nineteen, twenty, thirty, forty, fifty, sixty, seventy, eighty, ninety, a hundred, a thousand, first, second, third, fourth, fifth, sixth, seventh, eighth, ninth, tenth

### **Money**

penny, pence, note, pound, coin, euro, dollar, cent, price

### **Health and Sickness**

headache, temperature, cold, toothache, stomach ache, ill, sick, aspirin, medicine, sore throat